



PLOMESGATE CYCLING CLUB

(<http://www.plomesgate.co.uk>)



RESULTS

OPEN 10 MILE Time Trials for Tandems and Solo Riders
Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations.
Held on the afternoon of Sat. 29th March 2008 on the B10/9 Course.

Officials:

Timekeepers:	Mr. C. Kindred	Wolsey RC
	Mr. T. Figgitt	Plomesgate CC
Marshals & Helpers:	Members & friends of Plomesgate CC.	
Event Secretary:	Mrs B Whelan	22 Naverne Meadows Woodbridge, IP12 1HU Tel: 01394 385281

Prize Winners

Fastest

1st	Andrew Leggett (Stowmarket & District CC)	22:53	£15
2nd	James Eman (Anglia Velo)	23:12	£12
3rd	Angus Jardine (Ipswich BC)	23:20	£10
4th	Duncan Murphy (Cambridge CC)	23:49	£8

Women

1st	Emilie Fisher (XRT Elmy)	26:30	£12
2nd	Lucinda Seymour (Reading CC)	27:50	£10

Vet. on Std.

1st	Ron Back (West Suffolk Wheelers)	+5:13	£15
2nd	John Adams (Stowmarlet & District CC)	+5:08	£12
3rd	John Tovell (Wolsey RC)	+4:43	£10
4th	Chris Nudds (CC Breckland)	+4:40	£8

Team of 3

1st	Stowmarket & District CC	£ 7 each
	(A. Leggett, Christopher Leggett, J. Adams) 1:14:08	

Congratulations to all those who rode the event, especially to all those who won a prize.

I would like to extend my thanks to Colin and Trevor for timekeeping, to all the marshals without whom the event could not have taken place.

Future Plomesgate CC Promotions:

Saturday June 14th 2008 Open 30 on B30/9r First rider off **2pm** (the time is incorrectly given as 7am in the Handbook). HQ at Tunstall Village Hall Contact Pete Whelan (01394 385281)

Saturday August 9th 2008 Open Grass Track Meeting, 1pm at Bredfield Village Hall, Near Woodbridge. Contact Evert Wijnberg (01473 621659)

Saturday September 20th 2008 Open 25 on B25/2r First rider off **2pm**.HQ at Tunstall Village Hall. Contact Trevor Figgitt (01728 723701)

RESULTS

Position	Rider	Club	cat	Vet Std	Time	+/-
1	Andrew Leggett	Stowmarket & District CC	S		22:53	
2	James Eman	Anglia Velo	S		23:12	
3	Angus Jardine	Ipswich BC	V	25:54	23:20	+02:34
4	Duncan Murphy	Cambridge CC	S		23:49	
5	Martin Pyne	Anglia Velo	V	27:33	23:56	+03:37
6	James Rutherford	SIS.COM	V	27:59	24:34	+03:25
7	James Rush	CC Sudbury	S		24:49	
8	Chris Nudds	CC Breckland	V	29:34	24:54	+04:40
9	Patrick Ellis	Diss & District CC	S		24:56	
10	John Adams	Stowmarket & District CC	V	30:16	25:08	+05:08
11	Edward Packard	Willesden CC	S		25:28	
12	Nathan Simmons	King's Lynn CC	Esp		25:29	
13	Jim Hardwicke	Plomesgate CC	V	25:54	26:00	-00:06
14	Christopher Leggett	Stowmarket & District CC	S		26:07	
15	Colin Lown	Ipswich BC	V	28:25	26:09	+02:16
16	Pete Whelan	Plomesgate CC	V	27:59	26:11	+01:48
17	Gary Smith	King's Lynn CC	S		26:12	
18	Adrian McTigue	Plomesgate CC	S		26:13	
19	Steve Presland	Ely & District CC	V	27:46	26:14	+01:32
20	Emilie Fisher	XRT	W		26:30	
21	Bob Quarton	Wolsey RC	V	28:12	26:35	+01:37
22	Ron Back	West Suffolk Wheelers	V	32:00	26:47	+05:13
23	Viv Marsh	CC Sudbury	V	25:54	26:52	-00:58
24	Paul Moss	Stowmarket & District CC	V	25:30	27:12	-01:42
25	Phil Hollingsworth	East Anglian CC	V	29:34	27:13	+02:21
26	John Tovell	Wolsey RC	V	32:00	27:17	+04:43
27	Tom Walker	Ipswich BC	S		27:42	
28	Lucinda Seymour	Reading CC	WV	27:33	27:50	-00:17
29	Kent Hallington	North Notts Olympic RC	S		27:57	
30	Edmund Spurgeon	Colchester Rovers CC	V	31:00	28:05	+02:55
31	Marshall Crowe	Plomesgate CC	V	27:33	28:42	-01:09
32	Gary Matthews	53.12 Multisports	V	27:59	28:50	-00:51
33	Ted Saunderson	Ipswich BC	V	32:30	29:19	+03:11
34	Neil Douglas	Stowmarket & District CC	V	26:30	29:23	-02:53
35	Anthony Whale	PCA Ciclos Uno	V	27:07	29:41	-02:34
36	Mike Lewis	Witham Wheelers	V	29:06	31:52	-02:46
37	Simon Larbey	Mildenhall CC	V	27:59	32:26	-04:27
38	Magnus Ross	Plomesgate CC	S		33:55	
39	Bill Hester	Leo RC	V	32:46	34:55	-02:09
40	Vernon Simmons	King's Lynn CC	V	29:34	35:04	-05:30
41	John Vidler	Plomesgate CC	V	30:30	35:19	-04:49
42	Caroline Goldsworthy	Plomesgate CC	WV	27:59	38:28	-10:29
43	Olive Forsbrook	Wolsey RC	WV	36:20	40:36	-04:16

There were no DNF's although Derek Lusher (Norwich ABC) punctured before the start.

DNS Apols : No's 10, 29, 30 43, 49, 57

DNS: No's 40, 60

Two riders were reported to have crossed the central white line in Tunstall Village, both have received warnings.

This event was a SPOCO East qualifying event. For further details on SPOCO EAST for 2008 contact: Christine Willmets,
Tel: 01223 234235 <http://www.team-cambridge.co.uk/spocoeast/>