



PLOMESGATE CYCLING CLUB

(<http://www.plomesgate.co.uk>)



RESULTS

OPEN 25 MILE Time Trial

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations.
Held on the afternoon of Sat. 19th September 2009 on the B25/2(Revised) course

Officials:

Timekeepers: Mr. T. Figgitt Plomesgate CC
Mrs B. Whelan Plomesgate CC

Marshals & Helpers: Members & friends of Plomesgate CC.

Event Secretary: Mrs B Whelan 22 Naverne Meadows
Woodbridge, IP12 1HU
Tel: 01394 385281

Prize Winners

Fastest

1st	Rob Watkinson (Doncaster Wheelers)	£15
2nd	Glen Taylor (API-Metrow)	£12
3rd	Andrew Leggett (Stowmarket & District CC)	£10
4th	Angus Jardine (Ipswich BC)	£8

Women

1st Vet Std	Barbara Law (CC Sudbury)	£12
1st Scratch	Miriam Edwards (Stowmarket & District CC)	£10

Vet. on Std.

1st	John Tovell (Wolsey RC)	£12
2nd	Peter Baumber (Cambridge CC)	£10

Team of 3

1st	Stowmarket & District CC (Leggett, Gary Buckle, Kevin Norman)	3:03:30	£ 7 each
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Congratulations to all those who finished the event, especially to all those who won a prize.

I'd like to extend my thanks Trevor for timekeeping, to all the marshals who made the event possible.

The event is a qualifying event for both SPOCO East and BBAR (for women).

RESULTS

	Name	Club	Cat	Vet Std	+/-	1st Lap	Finish Time
1	Rob Watkinson	Doncaster Wheelers				00:28:32	00:57:09
2	Glenn Taylor	API-Metrow	V	01:06:30	+08:02	00:28:54	00:58:28
3	Andrew Leggett	Stowmarket & District CC				00:29:02	00:58:51
4	Angus Jardine	Ipswich BC	V	01:07:30	+07:41	00:29:43	00:59:49
5	James Rush	CC Sudbury				00:29:18	01:00:28
6	Gary Buckle	Stowmarket & District CC	V	01:14:22	+12:05	00:30:58	01:02:17
7	Kevin Norman	Stowmarket & District CC	V	01:08:00	+05:38	00:30:34	01:02:22
8	Colin Lown	Ipswich BC	V	01:13:49	+09:39	00:31:53	01:04:10
9	Steve Presland	Ely & District CC	V	01:12:43	+08:04	00:31:56	01:04:39
10	Damon Day	CC Sudbury	V	01:07:30	+02:34	00:32:14	01:04:56
11	Brian Platts	North Norfolk Wheelers	V	01:18:55	+13:14	00:32:24	01:05:41
12	Timothy Haseldine	Stowmarket & District CC				00:32:01	01:05:42
13	David Constable	Ipswich BC	V	01:09:02	+02:46	00:32:52	01:06:16
14	Chris Lacey	Stowmarket & District CC	V	01:11:39	+05:06	00:32:30	01:06:33
15	Stewart Kirk	CC Sudbury	V	01:14:22	+07:24	00:33:31	01:06:58
16	John Tovell	Wolsey RC	V	01:22:30	+14:27	00:33:38	01:08:03
17	Michael Fry	Glendene CC	V	01:10:04	+01:56	00:33:18	01:08:08
18	Clive Sparkes	Ipswich BC	V	01:17:45	+09:27	00:33:58	01:08:18
19	Matt Dye	Plomesgate CC	V	01:07:30	-00:56	00:34:02	01:08:26
20	Charles Rowe	Stowmarket & District CC	V	01:16:03	+07:00	00:34:15	01:09:03
21	Richard Allen	VC Baracchi	V	01:11:39	+01:06	00:35:27	01:10:33
22	John Sanderson	VC Revolution				00:35:16	01:10:59
23	Peter Baumber	Cambridge CC	V	01:27:35	+13:39	00:36:34	01:13:56
24	Ted Sanderson	Ipswich BC	V	01:24:22	+09:23	00:37:06	01:14:59
25	Miriam Edwards	Stowmarket & District CC	W			00:37:12	01:15:13
26	Rickaby Shearly-Sanders	Colchester Rovers CC	V	01:17:11	+00:48	00:38:18	01:16:23
27	Terry Law	CC Sudbury	V	01:25:00	+05:43	00:38:46	01:19:17
28	Colin Clarke	Wolsey RC	V	01:10:35	-10:18	00:39:44	01:20:53
29	Barbara Law	CC Sudbury	WV	01:24:22	+00:28	00:42:12	01:23:54
30	Gerald Coles	Wolsey RC	V	01:24:22		00:34:40	DNF

DNS Apols : Peter Hamon (Verulam CC), Rob Hobbs (VC Norwich), Rick Berry(Ipswich Tri Club),
Duncan Murphy (Cambridge CC), Lee Calderon (VC Norwich)

For further details on SPOCO EAST for 2009
contact:

<http://www.team-cambridge.co.uk/spocoeast/>

Christine Willmets,
8, Barrowcrofts,
Histon, Cambs. CB4 9EV
Tel: 01223 234235

